

2006 Classic Lake Boys Conference Championships

Minnetonka High School - 5/16/2006 to 5/17/2006

Teams: Robbinsdale Armstrong 182, Minnetonka 149.5, Hopkins 142.83, Wayzata 103.33, Edina 91.33

100 Meter Dash (Meet Record- 10.94 2002 James Lundberg, Armstrong)

1 Jalon Hopkins	12 Minnetonka High	11.33
2 Kyle Henderson	11 Armstrong	11.61
3 Marc Soskin	12 Hopkins High Sch	11.72
4 Dominique Gilmer	12 Armstrong	11.76
5 5 Austin Becker	12 Minnetonka High	11.76
6 George Dudley	11 Hopkins High Sch	11.81
7 Darwin Dean	12 Wayzata High Sch	11.89
8 Chris Hampson	12 Minnetonka High	12.11

200 Meter Dash (Meet Record- 22.05 Aaron Banks, Cooper)

1 Kyle Henderson	11 Armstrong	22.72
2 Felix Adenodi	12 Hopkins High Sch	23.13
3 Austin Becker	12 Minnetonka High	23.35
4 Jalon Hopkins	12 Minnetonka High	23.38
5 Darwin Dean	12 Wayzata High Sch	23.48
6 Brock Keaton	10 Hopkins High Sch	23.57
7 Johnny Johnson	11 Minnetonka High	23.70
8 Ben Johnson	11 Wayzata High Sch	23.89

400 Meter Dash (Meet Record- 48.77 2000 Robb Merritt, Hopkins)

1 Austin Becker	12 Minnetonka High	50.07
2 Chris Kanan	12 Minnetonka High	51.07
3 Dominique Gilmer	12 Armstrong	51.14
4 Calvin Cruz	10 Armstrong	51.61
5 Anthony Powell	11 Hopkins High Sch	52.35
6 Paris Richardson	12 Wayzata High Sch	52.46
7 C.J. Barr	12 Edina High School	52.69
8 Weston Nelson	11 Hopkins High Sch	53.40

800 Meter Run (Meet Record- 1:54.98 2003 Ed Reeves, Edina)

1 Mike Mueller	11 Hopkins High Sch	1:58.04
2 Doug DeBold	11 Hopkins High Sch	1:58.70
3 Tom Burke	11 Edina High School	2:01.10
4 Robert Burgmeier	12 Wayzata High Sch	2:01.61
5 Charlie Lapham	10 Armstrong	2:02.57
6 Brian Bies	12 Wayzata High Sch	2:03.08
7 Charlie Herrmann	12 Minnetonka High	2:03.46
8 David Churchill	10 Wayzata High Sch	2:04.96

1600 Meter Run (Meet Record- 4:19.73 2003 David VanOrsdel, Hopkins)

1 T.C. Lumbar	11 Edina High School	4:28.71
2 Matt Olson	10 Edina High School	4:33.98
3 Jon Lambert	11 Wayzata High Sch	4:34.17
4 Danny VanOrsdel	12 Hopkins High Sch	4:35.00
5 Brandon Lewis	11 Armstrong	4:36.04
6 Ben Englund	11 Minnetonka High	4:36.46
7 Jack Deichert	10 Hopkins High Sch	4:39.66
8 Josh Gerber	12 Wayzata High Sch	4:39.87

3200 Meter Run (Meet Record- 9:18.52 2004 Mike Krisch, Hopkins)

1 T.C. Lumbar	11 Edina High School	9:30.04
2 Tom Burke	11 Edina High School	9:34.11
3 Matt Olson	10 Edina High School	9:47.84
4 Jon Lambert	11 Wayzata High Sch	9:53.10
5 Josh Dejung	12 Edina High School	9:53.46
6 Peter Holmes	10 Wayzata High Sch	10:04.56
7 Zach McGill	11 Hopkins High Sch	10:05.74
8 Matt Wiersum	12 Minnetonka High	10:07.53

110 Meter Hurdles (Meet Record- 14.40 1999 Scott Gilbert, St. Louis Park)

1 Preston Schlegel	11 Hopkins High Sch	15.70
2 Cameron Roemhildt	12 Minnetonka High	15.84
3 Daniel Koenig	12 Armstrong	16.09

4 Brian Lambert	12 Hopkins High Sch	16.19
5 Changrui Xiao	12 Wayzata High Sch	16.76
6 James Froehle	11 Armstrong	16.94
7 Ben Zweber	12 Wayzata High Sch	17.10
8 Nick Pooler	12 Edina High School	17.13

300 Meter Hurdles (Meet Record- 39.42 1998 Andrew Pokorny, St. Louis Park)

1 Daniel Koenig	12 Armstrong	40.22
2 Brian Lambert	12 Hopkins High Sch	41.44
3 Don Schaefer	11 Minnetonka High	42.04
4 Ben Zweber	12 Wayzata High Sch	42.27
5 Greg Kudahl	9 Hopkins High Sch	42.60
6 Jeff Moon	10 Edina High School	43.16
7 Preston Schlegel	11 Hopkins High Sch	43.93
8 Danny Janda	11 Armstrong	46.95

4x100 Meter Relay (Meet Record- 43.22 2006 Armstrong-K Henderson, D Hawkins, B Sheely, J Carlson)

1 Armstrong	43.22**	(Kyle Henderson, Dominique Hawkins, Ben Sheely, Jason Carlson)
2 Wayzata High School	43.87	
3 Minnetonka High School	44.27	
-- Edina High School	DQ	
-- Hopkins High School	DQ	

4x200 Meter Relay (Meet Record- 1:30.07 2000 Hopkins)

1 Hopkins	1:31.06	(George Dudley, Marc Soskin, Brock Keaton, Felix Adenodi)
2 Armstrong	1:31.78	
3 Wayzata High School	1:32.26	
4 Minnetonka High School	1:35.13	
5 Edina High School	1:38.11	

4x400 Meter Relay (Meet Record- 3:25.30 2000 Edina)

1 Armstrong	3:25.82	(Adrian Johannessen-Hawkins, Ross Werner, Dominique Gilmer, Brandon Lewis)
2 Hopkins High School	3:26.34	
3 Edina High School	3:28.74	
4 Minnetonka High School	3:35.23	
5 Wayzata High School	3:41.75	

4x800 Meter Relay (Meet Record- 8:04.60 5/16/2006 Hopkins- J Deichert, D VanOrsdel, D DeBold, M Mueller)

1 Hopkins	8:04.60**	(Jack Deichert, Danny VanOrsdel, Doug DeBold, Mike Mueller)
2 Armstrong	8:06.42	
3 Wayzata High School	8:15.53	
4 Minnetonka High School	8:23.83	
5 Edina High School	8:39.71	

High Jump (Meet Record- 6-08 5/18/2004 Jonathan Thompson, St. Louis Park)

1 Cameron Roemhildt	12 Minnetonka High	6-05
2 Colon Belcher	Hopkins High Sch	5-11
3 Joshua Allen	10 Minnetonka High	5-11
4 Eric Ellestad	12 Armstrong	5-11
5 Jay Diebold	11 Minnetonka High	5-11
6 Brian Fox	10 Hopkins High Sch	5-09
7 Bryan Bratt	12 Wayzata High Sch	5-07
8 Ryan Fincham	12 Edina High School	5-07
8 Ben Zweber	12 Wayzata High Sch	5-07
8 Scott Samounetry	9 Hopkins High Sch	5-07

Pole Vault (Meet Record- 15-00 1996 Mike Brockwell, Edina)

1 Ross Werner	12 Armstrong	14-00
2 Brandon Johnson	12 Armstrong	14-00
3 Adam Pyzdrowski	12 Hopkins High Sch	13-00
4 David Thomas	11 Wayzata High Sch	12-06
5 Ben Michel	12 Wayzata High Sch	12-06
6 Blake Weimerskirch	9 Armstrong	12-00
7 Spencer Olson	10 Edina High Schoo	11-06
8 Jack McClure	11 Minnetonka High	11-00

Long Jump (Meet Record- 22-06.75 5/14/2002 James Lundberg, Armstrong)

1 Cameron Roemhildt	12 Minnetonka High	20-09.00
2 Dominique Hawkins	Armstrong	20-04.25
3 Eric Ellestad	12 Armstrong	20-03.50
4 Jack Jorgensen	10 Edina High Schoo	19-09.00
5 Kevin Potas	9 Wayzata High Sch	18-08.25
6 Tyler Dubbin	10 Wayzata High Sch	18-08.00
7 Jason Sather	12 Armstrong	18-07.75
8 Casey Govego	10 Armstrong	18-03.75

Triple Jump (Meet Record- 43-06.75 5/16/2002 Dan Pease, Wayzata)

1 Emmu Wakai	8 Armstrong	43-06.50
2 Cameron Roemhildt	12 Minnetonka High	42-11.25
3 Jason Sather	12 Armstrong	41-11.75
4 Brian Lambert	12 Hopkins High Sch	41-08.00
5 Bryan Bratt	12 Wayzata High Sch	41-01.00

6 Charles Dupre	11 Minnetonka High	41-00.75
7 Tyler Dubbin	10 Wayzata High Sch	40-08.75
8 Sean Murphy	11 Hopkins High Sch	40-07.25

Shot Put (Meet Record- 56-05 1995 Justin Asher, Wayzata)

1 Todd DeJong	11 Hopkins High Sch	51-01.5
2 Kevin Iriho	12 Armstrong	49-08.5
Ben Dimond	12 Minnetonka High	49-00.5
4 Jon Charest	12 Wayzata High Sch	48-09.25
5 Michael O'Meara	12 Minnetonka High	47-04
6 Josh Groll	11 Armstrong	45-07
7 Anthony Strouth	12 Edina High Schoo	44-11
8 Kyle Kosloske	11 Armstrong	44-05

Discus Throw (Meet Record- 163-08 5/16/2002 Eric Naylor, Cooper)

1 Michael O'Meara	12 Minnetonka High	149-09
2 Anthony Strouth	12 Edina High Schoo	140-08
3 Kyle Gilbert	11 Armstrong	136-09
4 Jon Charest	12 Wayzata High Sch	135-10
5 Kevin Iriho	12 Armstrong	130-06
6 Kyle Kosloske	11 Armstrong	124-08
7 Ben Miller	11 Edina High Schoo	122-03
8 Peter Tarvin	11 Minnetonka High	121-07

** Meet Record